Help MSPCC provide baby showers for all the parents in our care!

Most new parents excitedly await their first baby shower to celebrate their newborns and supply them with all the baby essentials. You can ensure that families of MSPCC have the same celebration by donating new baby and toddler items. To learn more, contact Emily DiCarlo, at edicarlo@mspcc.org.

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FALL 2018

Invest In MSPCC Through the Mary Ellen Society

The Mary Ellen Society honors supporters whose generosity, no matter how great or small, allows MSPCC’s work to continue for years to come. Mary Ellen Society members receive invitations to all MSPCC events and enjoy special appreciation gatherings.

If you have included MSPCC in your estate plans, or would like to learn more, please contact Kathleen O’Reilly, Director of Development, at 413.532.9446, or via email at kmurtaugh@mspcc.org.

FOSTER CARE CONFERENCE
October 19, 2018

This fall, MSPCC, in partnership with DCF and JFK, will host the biannual Massachusetts Foster Care Conference in Mankato. The conference is an opportunity for foster parents to gain a deeper understanding of the root factors impacting children in foster care, learn strategies to support and care for children, and to network with other foster parents from across the state. To learn more, contact Julie Clerc, at jclerc@mspcc.org.

THANKSGIVING DRIVE
Fall 2018

MSPCC will partner with DCF, the Massachusetts Association for Infant Mental Health, Massachusetts Head Start Association, and Massachusetts Advocacy for Families, to develop a system for providing delivery of essential items. Items focused onscreening to identify children with mental health problems and foster teachers who are interested in DCF.

MSPCC is collecting donations in an effort to provide a Thanksgiving feast to more than 200 of our families in need! We are looking for donations of gift cards, cash, and non-perishable foods. Learn how you can help at mspcc.org/thanksgiving or contact June Clerc or jclerc@mspcc.org.

As of December 2017, there were more than 47,000 children involved with Massachusetts Department of Children and Families (DCF). These children, approximately 6% under the age of 5, have experienced adverse events or neglect and most often face a challenging transition to foster care amid the challenges of addiction and/or mental health issues.

“These traumatic and adverse childhood experiences lead to a greater likelihood of poor child well-being, including behavioral or emotional problems,” said light.

“We know by intervening with these children earlier and providing effective support to their caregivers, we can prevent negative outcomes and improve their health and happiness.

With a goal to help DCF improve the lives of children in their care, MSPCC recently was awarded a grant from the Boston Foundation to develop a pilot program to improve access to high-quality, timely mental health assessment and treatment for infants and toddlers who are involved with DCF.

At the end of the pilot, we hope to learn to identify trends indicating the efficacy of the approach to inform future service delivery.

In the pilot, we plan to develop and pilot phases, MSPCC and its partners will educate them about the goals and impacts of the pilot.

While the program is in the development and pilot phases, MSPCC and its partners will advocate with state agencies, policy makers, providers, and the community to educate them about the goals and impacts of the pilot.

MSPCC will partner with DCF, the Massachusetts Society for the Prevention of Cruelty to Children

Massachusetts Society for the Prevention of Cruelty to Children

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Massachusetts Society for the Prevention of Cruelty to Children
From the Desk of Mary McGeown

Dear Friends:

National news was flooded this summer with disturbing images of immigrant children being separated from their parents while being held in chain-link cages. Sympathetic outrage is understandable with an issue, MSPCC, proud organization founded in the belief that children are our nation’s most precious resource. In the past ten years, MSPCC has worked to understand and prevent the long-term effects of ACEs, which are preventable. Providing supports to parents and caregivers is the best way to prevent the long-term effects.

The stories of young parents who make culturally-appropriate, nutritious meals in their homes, in their families, and outside an adult presence, are unforgettable. We must continue to work toward a future where our children grow up best in families and our work is devoted to keeping children physically and emotionally safe and healthy.

As a nation, we cannot lose sight of our responsibility to keep children physically safe and emotionally healthy. MSPCC is devoted to keeping children safely at home with their families, whenever possible.

Healthy Families™ partners with young parents to help them tackle parenting challenges, find community resources, and provide consistent encouragement. MSPCC’s Healthy Families™ partners help them recreate the meals at home.

Healthy Families™ is one of the most successful and influential parenting programs in the country.

You can learn more about what MSPCC is doing to advocate for ACEs prevention at mspcc.org/parent-family-supports.

Thank you, Jordan and Samantha, for all you have done for children of MSPCC!
The experiences

The first study identifies ten ACES in three categories: abuse, neglect, and household challenges.

The EXPERIENCES

• Physical Abuse
• Emotional Abuse
• Sexual Abuse

PREVENTING ACES

Preventing ACEs should be everyone's top priority.

• Emotional Neglect
• Physical Neglect

With the right resources, abuse, neglect, and toxic, and most ACES are preventable. Providing support to parents and caregivers is the best way to prevent the long-term effects.

From the Desk of Mary McGeown

Dear Friends:

We are excited to share with you the incredible news that Jordan and Samantha Hamelsky were selected together as one of the 2018 Foster Parent Conference’s foster care winners! This year, the winners were awarded by the Massachusetts Department of Children and Families and the Massachusetts Partnerships for Children.

This spring, participants of the Healthy Families™ program were treated to a healthy cooking class. Through opportunities like learning to cook healthy meals for their families, MSPCC aims to prevent situations of abuse and neglect from ever occurring in a family. MSPCC works with parents and caregivers to help them tackle parenting challenges, find community resources, and support them as they work to be dedicated and nurturing parents.

Healthy Families™ is a program of the Children’s Trust™. Cooking Matters for their little ones.

MSPCC works to mitigate the long-term effects of ACEs, as recognized by Dr. Rachel Pfeffer, President and CEO for MSPCC. Recognizing the effects of trauma to support children and youth in foster care. Dr. Forkey is Associate Professor of Pediatrics and Chief of the Division of Child Protection for UMass Memorial Children’s Medical Center. She is nationally recognized for her clinical work with foster children.

The term ACEs (Adverse Childhood Experiences) has gained recognition in public health and child welfare over the past decade. Studies find that traumatic experiences in childhood cast a long shadow into adulthood, even when a child is too young to remember the events clearly. ACEs range from events as common as parental divorce, to issues such as physical or sexual abuse and incarceration of a parent. Studies of abuse and neglect before the age of five correlate with increased risk of heart disease, depression, obesity, drug use, shelterlessness, and other negative health outcomes.

MSPCC works to mitigate the long-term effects of ACEs. We have a saying of "no MCPCC that prevents our inability... at all of the teachers of our work with children and families and our public policy advocacy. We know that children grow up in families and our work is devoted to keeping a child healthy with their families, wherever they are located. As a result, we cannot lose sight of our responsibility to keep children healthy.

Preventing ACEs should be everyone’s top priority.

Mary A. McGeown
Executive Director

MSPCC NEWSLETTER
Fall 2018

Fostering Resilience: How ACEs Impact Youth in Foster Care

Mary McGeown

The term ACEs (Adverse Childhood Experiences) has gained recognition in public health and child welfare over the past decade. Studies find that traumatic experiences in childhood cast a long shadow into adulthood, even when a child is too young to remember the events clearly. ACEs range from events as common as parental divorce, to issues such as physical or sexual abuse and incarceration of a parent. Studies of abuse and neglect before the age of five correlate with increased risk of heart disease, depression, obesity, drug use, shelterlessness, and other negative health outcomes.

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To learn more, contact Emily DiCarlo, at edicarlo@mspcc.org.

**Invest in MSPCC Through the Mary Ellen Society**

The Mary Ellen Society was established to support high-quality, evidence-based services that improve the lives of children and families in the state of Massachusetts.

**FOSTER CARE CONFERENCE**

October 19, 2018

This fall, MSPCC, in partnership with DCF and MAFF, will host the biannual Massachusetts Foster Care Conference in Marlborough. This conference is an opportunity for foster parents to gain a deeper understanding of the issues affecting children in foster care, learn strategies to support and care for children, and to network with other parents from across the state. To learn more, contact Jake Murtaugh, at jmurtaugh@mspcc.org.

**THANKSGIVING DRIVE**

Full 2018

MSPCC will partner with DCF to build support for statewide adoption.

At the end of the pilot, we hope and expect to see trends indicating the efficacy of the approach to inform future service delivery.

Through education and engagement, we will advocate with state agencies, policy makers, providers, and their constituencies to educate them about the goals and impacts of the pilot.

MSPCC will partner with DCF, the Massachusetts Department of Children and Families (DCF), and non-profit organizations to engage caregivers and community members to draft a report to inform state agencies, policy makers, providers, and their constituencies.
Dear Friends:

From the Desk of Mary McGeown

Providing supports to parents and caregivers is the best way to prevent the long-term effects. ACEs are strongly related to development of risk factors for disease and to well-being throughout an individual’s life. With the right resources, abuse, neglect, and most ACEs are preventable.

Healthy Families™ partners with young families to help them tackle parenting challenges, find community resources, and support them from pregnancy through their child’s 3rd birthday. By teaching important parenting skills and providing comprehensive education to families of children under five, Healthy Families™ helps broken families and helps them more accessible to young parents. In addition, each week each family went home with a bag of healthy groceries to eat healthy meals on a budget, shop in a grocery store, and decode product labels. The course taught young parents to make culturally-appropriate, nutritious meals every day, how to say “no” in a healthy way, and develop healthy eating habits with their children. The course focuses on building self-confidence in parents and their ability to provide healthy meals to their children.

Healthy Families™ is one of Share Our Strength’s campaigns to end child hunger in the United States. MSPCC is a proud partner of the Children’s Trust™. Cooking Matters, the national leader of Cooking Matters, came to MSPCC’s Boston office and taught the Healthy Cooking for Healthy Families™ program. The participants were young first time moms and dads who learned to make delicious and nutritious meals for their little ones.

You can learn more about what MSPCC is doing to advocate for ACEs prevention of magic august family leads supports

Mary A. McGeown
Executive Director

MSPCC NEWSLETTER
Fall 2018

MSPCC NEWSLETTER
Fall 2018

More than 800 foster, adoptive, and kinship parents as well as social workers, advocates, and child policy leaders are expected to attend the 2018 Foster Parent Conference hosted by MSPCC in partnership with the Department of Children and Families and the Massachusetts Alliance for Families (MAFF). The conference will focus on the long-term effects of ACEs and how they can harm new parents and prevent or/and recognize the effect of trauma to support children and youth in foster care. Dr. Forkey is a Associate Professor of Pediatrics at Boston Children’s Hospital, Children’s National Health System, and Director of the Division of Child Protection for Boston Children’s Hospital. She is nationally recognized for her clinical work with foster children. (see more at mspcc.org/maff/2018)

Fostering Resilience: How ACEs Impact Youth in Foster Care

The first study identifies ten ACEs in three categories: abuse, neglect, and household challenges.

More than 10,000 children grow up best in families and our work with children and families and our public health and child welfare over the past year. We have worked with children separated from and crying for their parents while being held in chains across the United States. The heart-wrenching images were gripping and moving. The traumatic images, coupled with the reality of these children experienced from the separation may have lifelong effects. The term ACES (Adverse Childhood Experiences) has gained recognition in public health and child welfare over the past two decades. Studies find that traumatic experiences in childhood cast a long shadow into adulthood, even when a child is too young to remember the events clearly. ACES range from events as common as parental divorce, to peer issues such as physical or sexual abuse and incarceration of a parent. Statistics show that about 70% of adults reported of adult experience of at least one adverse childhood experience ≥66% and of adults reported of adult experience of at least one adverse childhood experience ≥66% and 66% of adults reported of adult experience of at least one adverse childhood experience ≥66% of adults reported of adult experience of at least one adverse childhood experience ≥66% of adults reported of adult experience of at least one adverse childhood experience ≥66% of adults reported of adult experience of at least one adverse childhood experience ≥66% of adults reported of adult experience of at least one adverse childhood experience ≥66% of adults reported of adult experience of at least one adverse childhood experience ≥66% of adults reported of adult experience of at least one adverse childhood experience ≥66% of adults reported of adult experience of at least one adverse childhood experience ≥66% of adults reported of adult experience of at least one adverse childhood experience ≥66% of adults reported of adult experience of at least one adverse childhood experience ≥66%

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ABUSE

Mental Abuse and/or beatings

Physical Abuse

Emotional Abuse

PREVENTING ACES

Healthy Cooking for Healthy Families™

Healthy Families™ partners with young for time now and needs to help them tackle parenting challenges. Find community resources, and support them from pregnancy through their child’s 3rd birthday. By teaching important parenting skills and providing comprehensive education to families of children under five, Healthy Families™ helps broken families and helps them more accessible to young parents. In addition, each week each family went home with a bag of healthy groceries to eat healthy meals on a budget, shop in a grocery store, and decode product labels. The course taught young parents to make culturally-appropriate, nutritious meals every day, how to say “no” in a healthy way, and develop healthy eating habits with their children. The course focuses on building self-confidence in parents and their ability to provide healthy meals to their children.

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FALL 2018
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Inspirations

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FOSTER CARE CONFERENCE
October 19, 2018

This fall, MSPCC, in partnership with DCC and the Department of Children and Families (DCF), will host the biannual Massachusetts Foster Care Conference in Marlborough. The conference is an opportunity for foster parents to gain a deeper understanding of the lives of the children in their care. Caregivers are invited to network, share ideas, and learn about how to improve care and service for children in their care.

In designing the service, we can impact children’s placement stability, school readiness and school success, and emotional outcomes,” said MSPCC Director of Prevention Services Meghan McGuirk, LMHC.

THANKSGIVING DRIVE
Fall 2018

MSPCC is partnering with DCC in an effort to provide a Thanksgiving feast to more than 300 of our families in need. We are looking for donations of gift cards, cash, and non-perishable foods. Visit how you can help at mspcc.org/thanksgiving or contact Jake Declue or jdeclue@mspcc.org.

As of December 2017, there were more than 47,000 children involved with Massachusetts Department of Children and Families (DCF). These children, approximately 20% under the age of 5, have experienced abuse or neglect and most often, live in challenging environments, often with addiction and/or mental health issues. “These traumatic and adverse childhood experiences lead to a greater likelihood of poor child well-being, including behavioral and emotional problems,” said Jake.

“In designing the service, we can impact children’s placement stability, school readiness and school success, and emotional outcomes,” said MSPCC Director of Prevention Services Meghan McGuirk, LMHC.

MSPCC will partner with DCC, the Massachusetts Department of Children and Families, to develop a program for providing delivery of services statewide. You’re invited to join us in designing a service that is accessible to all children in need of support and the caregivers supporting them.

Through education and engagement, we will call for support from the state legislature and for the advancement of services to distressed families.

Massachusetts Society for the Prevention of Cruelty to Children

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417-367-6060

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Building E, Suite 115
Lawrence, MA 01840

Holyoke
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Inspire

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To learn more, contact Emily DiCarlo, at edicarlo@mspcc.org.

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